

...Meet Our Clinicians



Dr. Scott Kramer received his medical degree and training from the University of California at Davis and San Francisco, respectively. He is an expert in Laparoscopic (minimally invasive) surgery, and

alternatives to hysterectomy for heavy bleeding. As director of the Women's Incontinence Center he helps women regain bladder control.

"Practicing medicine is very rewarding, because I am fortunate to have the opportunity to make a significant improvement in the quality of another person's life. You deserve the time you need to feel comfortable with our decisions. In this way, as partners, we achieve personalized medical care."



Dr. Elizabeth Kurkjian obtained her bachelor's degree in biology from Stanford University. She attended medical school at the University of California at Irvine. She completed her residency at Kaiser Hospital in

Oakland. Although she was a highly respected and a very much in demand physician at Kaiser Milpitas, she desires to enjoy a more personal relationship with the women she cares for.

"With the perspective of a female Ob/Gyn, I am committed to providing women with the best health care possible, both medically and personally. My goal is to listen first, then provide up to date information, and together reach the best possible solution that meets their needs."



Dr. Stacie Macdonald

After receiving a bachelor's degree from Binghamton University in New York, Dr. Macdonald followed her passion to help others teaching underprivileged children and those requiring special education. To

fulfill her passion she obtained a medical degree, and then attended the comprehensive residency program at the Robert Wood Johnson, University of Medicine and Dentistry of New Jersey.

"I truly enjoy being an Ob/Gyn which affords me the opportunity to work with women throughout all of life's stages. Each stage beginning with adolescence, through the reproductive years, and concluding with menopause provides unique challenges to offer guidance."



Dr. Alison Slack graduated from the University of Michigan, and then spent two years performing research in genetics at the Howard Hughes Medical Institute. She received her medical degree from the University of Texas

Southwestern, and completed her residency at the University of Connecticut.

"We are not only entrusted with our patient's health, but have the privilege to share the most intimate and significant experiences of their lives. Most importantly, becoming an Ob/Gyn allows me to do what I do best... care for others with irreverence and compassion. It is not just a career. It is truly a calling."



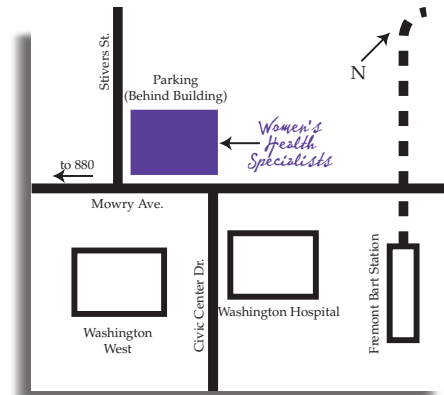
Dr. Christina Wong received her medical degree from the University of California Los Angeles and her training at Kaiser Permanente in Santa Clara. Some of her specific interests include adolescent gynecology,

contraception and minimally invasive surgery.

"I choose to practice Obstetrics and Gynecology because it offers a unique opportunity to be involved in a woman's healthcare through all stages from adolescence onward. I truly believe that it is an honor and privilege to be able to be a part of a woman's life through these life changing moments. I look forward to a lasting relationship with my patients through preventative health care visits as well as in times of need."

Women's Health Specialists

Margie Aleman-Martin, M.D.
Siobhan Calhoun, M.D.
Scott Kramer, M.D.
Elizabeth Kurkjian, M.D.
Stacie Macdonald, M.D.
Alison Slack, M.D.
Christina Wong, M.D.



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Se Habla Español

*"A woman's work is never done.
Now we're available 24 hours a day to
schedule appointments and accommodate you."
@*

www.WomensHealthFremont.com



Women's Health Specialists

Patient Information
Obstetrics • Gynecology

Welcome

Women's Health Specialists is committed to providing you quality health care. To achieve this goal, we ask for your cooperation. Clear communication is the foundation for a successful doctor-patient relationship. Through this brochure, we wish to introduce ourselves, outline services we provide, and familiarize you with office policies.

Appointments & Office Hours

Morning, Lunch and Evening Appointments

Office Hours: Monday through Friday 7:30am – 6pm. We believe in the value of your time and strive to be as prompt as possible. Unfortunately, the nature of our specialty entails occasional unforeseen delays. We will phone you should this be significant. Your patience is greatly appreciated.

After-Hour Services

On-Line 24 hours a day:
www.WomensHealthFremont.com

What to do when in labor:

Simply go to the Washington Hospital Birthing Center (510) 791-3424.

Medical Emergencies:

You can reach the On-call physician through our main phone number. This should be *reserved for absolute medical emergencies*. Other non-emergent medical questions and prescription refills should be brought to our attention during office hours.

Hospitals

Conveniently located across the street in Washington Hospital. Its modern Birth Center offers facilities allowing "natural" and high-risk births. The Intensive Care Nursery, managed by Stanford's Children's Hospital, is prepared to care for sick infants. On the first floor of our office building is the Washington Outpatient Surgery Center, where we perform same-day minor operations.

Obstetrical Care

Few experiences are as rewarding as delivering babies. Every person has their own expectations about how they envision their birth experience. We will work with you to make this a memorable, family oriented event.

The practice of obstetrics concentrates on helping mothers deliver healthier babies. To accomplish this, we provide comprehensive obstetrical services.

- Preconception counseling
- Sonograms (Ultrasound imaging)
- High-risk pregnancy care



Your primary obstetrician will provide the majority of your prenatal care. Our team of physicians rotates performing deliveries on a daily basis. Because our doctors share a common philosophy for laboring women, you will be assured of having a positive birth experience. Should you desire, you will have the opportunity to meet the other doctors during your pregnancy.

Gynecological Care

We promote patient education. A woman who understands how her body functions is better prepared to participate in her health care decisions. An overview of our gynecological services includes:

- Pelvic Sonograms
- Menopause
- Laparoscopy (minimally invasive surgery) allows us to avoid traditional major operations for many conditions, such as Endometriosis, Ovarian Cysts, and Hysterectomy.
- Abnormal menstrual periods
- Premenstrual syndrome (PMS)
- Endometrial Ablation (preserves uterus as alternative to Hysterectomy)
- Evaluation and treatment of abnormal PAP Smears
- Urinary Incontinence (leakage)

Preventative Health Care

As caring physicians exclusively for women, our emphasis is on prevention. We agree with the saying, "An ounce of prevention is worth a pound of cure."

- Annual physical examinations including PAP smears, Mammograms and Bone Density
- Disease screening (e.g., Pelvic, Breast Cancer, Osteoporosis, Cholesterol, Anemia, Diabetes & Thyroid)
- Family Planning (e.g., contraception, sterilization, & pregnancy termination)



Fees

Reasonable fees and increasing medical costs are of concern to us as well as to you. This is why we encourage you to share in decisions regarding your care.

As a service to you, we will process your medical claims to your health insurer. To minimize billing costs, we request that office visits, co-payments and procedures be paid for at the time of service. Please refer to our office policy for a detailed description of our financial terms. Questions should be directed to our billing department.

In Conclusion

We believe in patient oriented care. Our relationship depends on mutual trust and understanding to provide you the highest quality of medical care. Please share with us your suggestions for improvement. Our practices are always open, accepting new patients. Your kind referral of friends and relatives is always appreciated.

Meet Our Clinicians

An uncompromised education provides a solid foundation for the high level of care we provide. Our commitment to continuing education ensures delivery of the most up-to-date care. All our doctors are board-certified and fellows of the American College of Obstetricians and Gynecologists. They are members of the California Medical Association and the Alameda-Contra Costa County Medical Association. They actively participate in a variety of gynecological societies, which facilitates the exchange of the most current ideas and surgical techniques.



Dr. Margie Aleman-Martin received her medical degree from the University of California at Irvine and her training at Kaiser Hospital in San Francisco. Some of her specific interests include obstetrics and laparoscopic

surgery. **SHE IS FLUENT IN SPANISH** and welcomes the opportunity to work with Latina patients.

"As women today, we face many demands as we learn to juggle both career and family. It is important to achieve balance in our lives and not overlook our health care."



Dr. Siobhan Calhoun received her medical degree at Eastern Virginia Medical School and completed her training at Kaiser Hospital in Santa Clara. She has particular interest in adolescent gynecology, as well as minimally

invasive surgery.

"My goal as your personal Obstetrician/Gynecologist is to educate you about the different stages of your life, then working together to help you with the important health care decisions."

Clinicians continued on other side